

WHAT IS CLAIMED IS:

1. An exposure method comprising the steps of:
arranging an object to be exposed and a
5 transparent plate that includes a thin film, within such
a range that near field light from the thin film may operate
on the object, the thin film having a light transmittance
that changes according to an intensity of light of
incidence; and
10 exposing the object with near field light
generated by projecting a pattern on a mask, onto the thin
film of the transparent plate.
2. An exposure method according to claim 1, wherein
15 said arranging and exposing steps use a step-and-repeat
projection exposure apparatus.
3. An exposure method according to claim 1, wherein
said arranging and exposing steps use a step-and-scan
20 projection exposure apparatus.
4. An exposure method according to claim 1, wherein
the thin film is composed of a phase transition material.
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5. An exposure method according to claim 1, wherein
the thin film is held by stabilizing layers for stabilizing

fluctuations in the light transmittance of the thin film
and for protecting the thin film.

6. An exposure method according to claim 1, wherein
5 a distance between the transparent plate and object is set
from zero to a wavelength of the near field light.

7. An exposure method according to claim 1, wherein
the light of incidence is selected from ultraviolet and
10 soft X rays.

8. An exposure method according to claim 1, wherein
the object includes a wafer and a resist applied onto the
wafer.
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9. An exposure method according to claim 8, further
comprising the step of holding the wafer on a wafer chuck
while the transparent plate and wafer are arranged within
such a range that the near field light operates on the wafer,
20 and said exposing step performs a projection exposure for
the object.

10. An exposure method according to claim 1, wherein
said arranging step covers a whole surface of the object
25 with the thin film.

11. An exposure method according to claim 1, further comprising the step of exfoliating the thin film from the object after said exposing step.

5 12. An exposure method according to claim 1, further comprising the step of utilizing reflected light from a surface of the transparent plate to detect an exposure position for the object.

10 13. An exposure method according to claim 1, wherein the object includes an alignment mark, said method further comprising the step of aligning the object using the alignment mark as well as correcting an aberration.

15 14. An exposure method according to claim 1, wherein the mask includes a first pattern with a first line width and a second pattern with a second line width which is thinner than the first line width, and said exposing step exposes the second pattern with the near field light.

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15. An exposure method according to claim 1, further comprising the step of correcting an aberration produced during the projecting due to a thickness of the transparent plate.

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16. An exposure method according to claim 15,
wherein said correcting step changes separations among
multiple lenses for projecting the pattern onto the object.

5 17. An exposure apparatus comprising:
 a transparent plate arranged within such a range
 that near field light from said transparent plate may
 operate on an object to be exposed, said transparent plate
 including a thin film whose light transmittance changes
10 according to an intensity of light of incidence; and
 a projection optical system for projecting a
 pattern on a mask onto the thin film of the transparent
 plate and for exposing the object with the near field light
 generated by the projection.

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18. An exposure apparatus according to claim 17,
wherein said exposure apparatus is a step-and-repeat
projection apparatus.

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19. An exposure apparatus according to claim 17,
wherein said exposure apparatus is a step-and-scan
projection apparatus.

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20. An exposure apparatus according to claim 17,
wherein the thin film is composed of a phase transition
material.

21. An exposure apparatus according to claim 17,
further comprising a stabilizing layer for stabilizing
fluctuations in the light transmittance of the thin film
as well as protects the thin film.

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22. An exposure apparatus according to claim 17,
wherein a distance between the transparent plate and the
object is set from zero to a wavelength of the light of
incidence.

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23. An exposure apparatus according to claim 17,
wherein the light of incidence is selected from ultraviolet
and soft X rays.

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24. An exposure apparatus according to claim 17,
wherein the object includes a wafer and a resist applied
to the wafer.

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25. An exposure apparatus according to claim 24,
further comprising a wafer chuck for holding the wafer so
that said projection optical system may performs a
projection exposure for the object while said transparent
plate and the wafer are located close to each other.

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26. An exposure apparatus according to claim 17,
wherein the thin film covers a whole surface of the object.

27. An exposure apparatus according to claim 17,
further comprising a mechanism for arranging said
transparent plate and the object within the range before
the object is exposed, and for exfoliating said transparent
5 plate and the object from each other after the object is
exposed.

28. An exposure apparatus according to claim 17,
further comprising an exposure position detecting system
10 which utilizes reflected light from a surface of said
transparent plate to detect an exposure position of the
object.

29. An exposure apparatus according to claim 17,
15 wherein the object includes an alignment mark, and said
apparatus further comprises a corrector for aligning the
object based on the alignment mark and corrects an
aberration.

20 30. An exposure apparatus according to claim 17,
wherein the mask includes a first pattern with a first line
width and a second pattern with a second line width which
is thinner than the first line width, and said projection
optical system exposes the second pattern using the near
25 field light.

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31. An exposure apparatus according to claim 17, further comprising a correction device for correcting an aberration resulted from a thickness of the transparent plate.

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32. An exposure apparatus according to claim 31, wherein said projection optical system includes a plurality of lenses, and said correction device includes a mechanism for changing a separation between the lenses.

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33. A device fabricating method using an exposure apparatus comprising a transparent plate arranged within such a range that near field light from the transparent plate may operate on an object to be exposed, the 15 transparent plate including a thin film whose light transmittance changes according to an intensity of light of incidence, and a projection optical system for projecting a pattern on a mask onto the thin film in the transparent plate and exposes the object with near field 20 light generated by said projection, said method comprising the steps of:

exposing the object using the exposure apparatus; and

25 performing a predetermined process for the object exposed.

34. A device fabricated from an object exposed by
using an exposure apparatus comprising a transparent plate
arranged an object to be exposed within such a range that
near field light from the transparent plate may operate on
5 the object, the transparent plate including a thin film
whose light transmittance changes according to an
intensity of light of incidence, and a projection optical
system for projecting a pattern on a mask onto the thin film
of the transparent plate and for exposing the object with
10 the near field light generated by the projection.